

**OCTOBER 29, 2023**  
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**DON'T WORRY ABOUT IT!**

 **Philippians 4:6-7**

The Philippians were \_\_\_\_\_ people who had experienced difficulties.

Matthew 6:25-26

**ACCEPT THAT SOME THINGS ARE \_\_\_\_\_ YOUR CONTROL**

*Which of you by worrying can add one cubit to his stature?*  
(Matthew 6:27)

**LEARN TO \_\_\_\_\_ GOD FOR WHAT YOU CANNOT CONTROL**

Matthew 6:28-32

\_\_\_\_\_ **GOD WHAT YOU CANNOT CONTROL**

*A merry heart does good, like medicine, but a broken spirit dries the bones.* (Proverbs 17:22)

## **Additional Notes**